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Team Building Venues

MetroWest Boston offers the following excellent team-building activities, each with private function rooms or group accommodations.

Ashland

Boston Paintball

Woods, movie-set, and indoor paintball courses
508-879-6621; 120 Pond St
bostonpaintball.com

Dr. Green's Golf & Entertainment

Golf simulators, pool tables, shuffleboards, darts, and bag toss
508-202-9298; 88 Union St
drgreengolf.com

Puzzle Escape Ashland

Escape room
508-782-8975; 311 Pleasant St
puzzlescapeashland.com

Bellingham

Urban Air

Warrior Course, Battle Beam, ropes course, zip line, climbing walls, and dodgeball
508-232-4604; 189 Mechanic St
urbanair.com

Framingham

Brush & Easel Painting Café

Canvas, glass, and silk painting, felting and wood-burning crafts
508-333-3733;
650 Worcester Rd, Suite 102
brushandeaselinc.com

Jack's Abby Craft Lagers

Craft beer tastings, tours, beer garden with lawn games, private room for activities, and full restaurant
508-872-0900; 100 Clinton St
jacksabby.com

Franklin

Altitude

Wipeout, dodgeball, trampoline basketball, and simulators
774-613-2800; 303 East Central St
altitudefranklin.com

GlenPharmer Distillery

Whiskey, rum, vodka and gin tastings, tours, private room for activities, and full restaurant
508-528-4000; 860 W Central St
glenpharmer.com

GolfX

Golf simulators
508-530-3406; 842 Upper Union St
golfxinc.com

La Cantina Winery

Wine tastings
617-851-9294; 357 Union St
lacantinawinery.com



Holliston

Cheryl Cohen Mosaics Art Center

Mosaic art classes
508-612-4183; 360 Woodland St
cherylcohenmosaics.com

Putts & More

Mini golf, bouncy pillow, and snack bar
508-561-2902; 750 Concord St
puttsandmore.com

Hudson

PuzzlEscape

Escape room
978-763-3231;
43 Broad St Suite C200
puzzlescapehudson.com



Marlborough

Apex Entertainment

Go-karts, laser tag, bowling, ropes course, bumper cars, arcade, and billiards, plus 3,700 sq ft of flexible meeting space with capacity of 250
508-251-8666; 21 Apex Dr
apexentertainment.com

Breakout Games

Escape room
508-640-8193; 21 Apex Dr
breakoutgames.com

Fore Kicks

Indoor driving range, pickleball, basketball, soccer, and volleyball
508-624-4433; 219 Forest St
forekicks.com

Half-Axe

Axe-throwing
508-251-2815; 21 Apex Dr
halfaxe.com

Muse Paintbar

Sip and paint programs
888-607-6873; 115F Apex Dr
musepaintbar.com

New England Sports Center

10 ice rinks available to rent
508-229-2700;
121 Donald Lynch Blvd
nes.com

Medway

Molly's Apothecary

DIY soap, candle, and bath product workshops
508-533-3800; 163 Main St
mollysapothecary.com

Milford

PiNZ Bowl

Bowling lanes, laser tag, axe throwing, virtual reality games, and arcade
508-473-6611; 110 S Main St
pinzbowl.com

Natick

The Beach House

Indoor sand volleyball
619-549-0000; 18 Teach Cir
beachhouseboston.com

KOHR Golf

Indoor golf simulators & outdoor driving range
888-622-5647; 218 Speen St
kohrgolf.com

Level99

40 rooms of physical and mental challenges, restaurant, and craft brewery
617-865-8599; 1235 Worcester St
level99.com

Lightmoon Candles

Make-your-own candlebar
781-552-3125;
Natick Mall, 1245 Worcester St
lightmooncandles.com



Southborough

Culinary Underground

Cooking classes
508-904-6589; 21 Turnpike Rd
culinaryunderground.com

Sudbury

Boston Paintball Maynard

Seasonal woods, scenario, and airball paintball courses
978-261-5046; 145 Powder Mill Rd
bostonpaintball.com

Duck Soup

Cooking classes
978-443-3825; 365 Boston Post Rd
quackquackquack.com

Wayland

X Golf Wayland

Golf simulators
508-276-5239; 60 Andrew Ave
xgolfwayland.com



Westborough

Board & Brush

DIY wood sign workshops; BYOB
508-321-3070; 600 Union St, #102
boardandbrush.com

Cold Harbor Brewing

Craft beer tastings, private function room for activities
508-871-0919; 66 Otis St
coldharborbrewing.com

Elsie Kaye Glassworks

Glass flameworking and metal jewelry classes
508-329-1605; 3 Union St #2
elsiekaye.com